

## Gluten Free Menu

Food Service Monday-Thursday 12-2.30/5-9 pm Friday 12-2.30/5-9.30 pm Saturday 12-9.30 pm Sunday 12-8 pm



## Starters and Nibbles

Crispy Garlic GF Bread £3.50 add Creamy Mozzarella £1.00
Chicken Liver Pâté Red Onion Chutney & GF Toast £5.95
Homemade Soup of the Day with GF Bread £5.50
Sun Blushed Tomato & Basil Pâté with Mixed Leaves & GF Toast £5.95

## Sandwiches and Light Bites

Honey Roast Ham with Dijon Mustard Mayo on GF Bread £5.95

Mature Farmhouse Cheese & Red Onion Chutney on GF Bread (v) £5.95

Hummus, Red Pepper, Sun Blushed Tomato & Grilled Mozzarella on GF Toast (v) £6.95

Eggs Benedict Poached Eggs, Ham and Hollandaise Sauce on GF Toast £6.95

Red Pepper & Chive Risotto with Feta Cheese, Poached Egg & Parmesan Crisp £6.95

## **Mains**

Honey Roasted Ham (served cold) Free Range Eggs & Creamy Mash £11.95/£8.95

Massaman Vegetable Curry Zesty Brown Rice & GF Bread £9.50 add Chicken £4.00

Chicken Supreme Cabbage & Bacon, Fondant Potato with Red Wine Jus £14.50

Pan Roasted Seabass Red Pepper & Chive Risotto, Rocket & Parmesan Crisp £14.95

Local Welsh Black Beef Steak with Rocket, Tomato, Mushroom & Creamy Mash

80z Sirloin £19.00 10oz Rib-eye £19.50 80z Fillet £24.95

**Caesar Salad** Grilled Chicken, Cos Lettuce, Prosciutto, Marinated Anchovies, Boiled Egg & Parmesan Cheese £7.50/£13.50